

## **COMPETITIONS**

### **I. Participants**

- Any participants must have shown no signs or symptoms of COVID-19 as established by the WHO in the past 14 days, or per guidelines of local health authorities;
- Individuals with a documented case of a COVID-19 infection need clearance from an approved health professional in order to participate in competition;
- Apply proper hygiene practices, such as washing hands upon entering and before leaving the training facility, cleaning equipment and using sanitizing products extensively, and follow additional guidance by local health authorities;
- All participants to carry their own face masks and use them as advised by local authorities and the event

## **ORGANISER**

- No touching or shaking of hands amongst participants. Social distancing rules must be observed;
- Follow proper respiratory hygiene. This means:
  - Covering your mouth and nose with your bent elbow or tissue when you cough or sneeze;
  - Disposing of the used tissue immediately and wash your hands.
- Where possible, use individual transport rather than group travel;
- Changing rooms to remain closed; participants to arrive ready to play match and to depart immediately after if possible. Time in shared facilities of competition venue should be avoided or severely reduced;
- Warm up in separate hall according to schedule. Note that warm up time may be reduced to accommodate all players while upholding social distancing measures;
- Apply prevention practices in shared areas if they cannot be avoided (such as bathrooms), including avoiding physical contact and application of appropriate hygiene practices;
- No sharing of equipment;
- If advised by local health authorities, umpires to wear masks and gloves in the venue.

## II. Organizers and staff

- Ensure compliance with all advice and guidance issued by local authorities;
- Ensure that no individual that has disclosed symptoms of COVID-19 in the past 14 days is allowed to participate or work at the competition in question, and that any prior infections with COVID-19 have been cleared by a health professional;
- Place wet disinfectant mats at each entrance of the venue to facilitate sanitizing of shoes;
- Every 2 hours, all closed areas on the premises (such as offices, changing rooms, hallways, etc.) should be ventilated if at all possible. This should also be done before a changeover of attendees within the venue;
- Based on guidance by local authorities, assess risk of having spectators attend the event and decide whether to play behind closed doors;
- If it is decided that spectators shall be allowed into the venue, ensure that social distancing measures can be upheld according to guidance issued by local authorities; this may mean reduced spectator numbers;
- No racket control to take place;
- Follow guidelines set out by NADA regarding Anti Doping procedure during the event
- All draws to be done online;
- Choice of shirt colour to be done prior to the match
- Ensure that social distancing measures can be upheld in the call area.

### ***This includes:***

- Considering a layout to ensure a distance of 2m (6 feet 5 inches) can be up kept between individuals;
- Ensuring that PPE in the form of face masks is worn by everyone. Where permissible, organizers must ensure sufficient supply of face masks for participants.
- Stripped down match protocol:
  - Walk in to ensure social distancing;
  - Presentations in box to follow distancing measures;
  - No handshakes;

- Coin toss to be done by umpire in seat and with players remaining on their sides;
- No timeout sign to be placed on playing table; only signaled by umpire and small sign placed on umpire's table instead;
- Towel rule to be relaxed;
- Towels not to be used for wiping any surfaces, but only own hands and face. Only one box per player, no swapping between games;
- Ensure that social distancing measures can be upheld on the field of play.

This includes:

- Considering a layout with fewer tables to ensure a distance of at least 2m (6 feet 5 inches) between playing courts;
- Having a bigger box to ensure distance between umpires, players and volunteers remain more than 2m (6 feet 5 inches) at all times;
- Ensuring that distance between coaches and their players on the field of play can always be at least 2m (6 feet 5 inches); this may mean placing the chairs farther behind the court surrounds;
- No multi ball to be implemented;
- Placing towel boxes at a distance from the umpire that ensures social distancing is maintained throughout;
- Provide bottled sealed drinks, instead of public / shared water dispensers.
- Provide on-site doctor with sufficient PPE and ensure they are trained in response to COVID-19;
- Provide an isolation room for suspected cases of COVID-19 on site;
- Apply continuous sanitizing and prevention practices (cleaning equipment, washing hands, wearing protection gear as directed by the local government);
- Ensure all staff keep a distance of at least 2m (6 feet 5 inches) from other individuals;
- Ensure all staff are briefed on appropriate hygiene practices and are applying them consistently;
- Provide hand sanitizer throughout venue;
- Ensure that shared areas (bathrooms, racket control, food courts, etc) have demarkations to assist in keeping the appropriate distance from other individuals.

## **Field of Play**

No spitting by athlete in the playing area, in the case of spitting, penalty to be imposed and floor to be sanitized immediately

## **Food Area**

Cafeteria and mess staff should wear mask and gloves all the time

Tables/chairs to be sanitized once the athletes/coaches leave the location

Players have to maintain a distance while taking food from the buffet counter

## **Accreditation Area**

Two seats to be left empty between each individuals and seats of every second row should always be left empty.

## **Additional recommendations:**

- Minimize risks among participants through continuous infection prevention measures (frequent handwashing, avoid touching your face, cover your mouth when coughing, etc.);
- All participants should self-monitor for symptoms of COVID-19 daily. Participant with symptoms should not attend practice and need to notify coaches, staff, and their healthcare provider. Daily recording of symptoms;
- Coaches or staff monitor athletes for symptoms and remove symptomatic athletes from training. PPE and prevention supplies should be made readily available (hand sanitizer, facial tissues, facial coverings, etc.);
- Regular group training in any types of spaces while observing good hygiene practices throughout;
- Equipment may be shared with frequent disinfection before another person uses it. Every person is encouraged to use their own hygiene products, but disinfective spray and hand sanitizers should be made available by the training provider/venue;